

Camp Camp Out ( Learn all about camping, camping games, nature walk, and gymnastics!!)

Camp Let me try it all (Yoga, Aerial Silks, Cheer, Gymnastics)

Camp Super Hero (Dress up as your favorite super hero and meet a few local super heroes !)

Beach Camp (Dress up in your favorite beach outfit, play beach games, and gymnastics)

All Sports Camp (A little, soccer, basketball, baseball, football, and A LOT of gymnastics)

Camp Carnival (Fun carnival games, win tickets , and gymnastics)

Animal Lovers Camp (Learn about animals and possible visit from the ZOO a visit from a Vet and gymnastics)

Camp Health & Nutrition (Learn goal setting and healthy snack making, meal planning and gymnastics)

What will your child gain from one of our 30 minute classes?

- Social Skills
- Fine Motor Coordination
- Gross Motor Coordination
- Listening Skills
- Build Muscle Density and Strength

**Colors, Colors, Colors** (Theme for week 1 April 30-May 4)

**Tummy Time**- Tuesday 10:30 am & **Thursday 5:30 pm( Please call ahead for Thurs class 797-8TG)**

FREE 30 min class we will roll over, push up, use various objects to work on fine and gross motor skills such as scarves, small balls, noise makers, etc.

**Onderful Ones**- Monday & Tuesday 9:00 am & Thursday 5:30 pm **Thursday 5:30 pm( Please call ahead for Thurs class 797-8TG)**

\$5 drop in 30 min class we will begin to crawl around, over and under to explore different surfaces throughout the gym, parachute time, building towers and tearing them down, and sharing with our friends.

**Terrific Twos**- Monday & Tuesday 9:00 am & Thursday 5:30 pm **Thursday 5:30 pm( Please call ahead for Thurs class 797-8TG)**

\$5 drop in 30 min class we will work on running, jumping, standing on squishy surfaces, balancing, pushing and pulling objects, and hanging on the preschool bar.

**Thinking Threes**- Monday & Tuesday 9:30 am & Thursday 5:30 pm **Thursday 5:30 pm( Please call ahead for Thurs class 797-8TG)**

\$5 drop in 30 min class we will work on trampoline jumps, running games, obstacle courses.

**Fantastic Fours**- Monday & Tuesday 9:30 am & Thursday 5:30 pm **Thursday 5:30 pm( Please call ahead for Thurs class 797-8TG)**

\$5 drop in 30 min class we will work on a more focused event training. Balance beam, bars, handstands, rolls, and intro to vault.